

TREAT WELLNESS ACADEMY

A bridge between academic knowledge and clinical excellence. A cornerstone of evidence-based, personalized, root-cause medicine.

Spearheaded by Dr. Kathleen O'Neil, a magna cum laude graduate of Boston University Medical School and a Harvard-trained internist, Treat Wellness Academy is at the forefront of regenerative and functional medicine. Dr. O'Neil is a globally renowned key opinion leader with expertise in bioidentical hormone therapy, sports medicine, longevity, precision medicine, and nutrition. With over 15 years of experience, she is celebrated as a trailblazer in health and longevity. "What my Ivy League medical education never taught me – but today's patients need me to know."

Why This Course Matters

Today's greatest health threats—obesity, chronic inflammation (inflammaging), and autoimmune disease—require more than conventional solutions. Immune system aging is now one of the most reliable predictors of longevity and quality of life. With recent breakthroughs in epigenetics and medicinal signaling therapies (MSTs), clinicians have new tools to address root causes and personalize patient care more than ever before.

This is the advanced, practice-changing training your traditional education never provided.

Course Highlights

What You'll Learn:

Gain the clinical and business knowledge necessary to elevate your practice with regenerative and functional medicine:

- When and how to monitor biomarkers—and why they're not enough on their own
- How to stay ahead of rapidly evolving therapies
- How to source pharmaceutical-grade treatments that safeguard your license
- How to assess ROI using clinical and financial metrics
- Which peptides Dr. O'Neil uses—and how to stack them with other regenerative therapies

Learning Objectives

- 1. Making accurate diagnoses and identifying root causes
- 2. Interpreting labs and radiologic diagnostics
- 3. Preparing for procedures (consent forms, patient prep, follow-up)
- 4. Live training using:
 - o IV nutrients
 - Antioxidants
 - o PRP/PRF
 - o Peptides
 - o Exosomes (EVs)
 - o Wharton's Jelly (WJ)
- 5. Administering injections for joints and soft tissue
- **6.** Aligning clinical excellence with business sustainability

Bonus: The Science of Food

Treat Wellness Academy is proud to collaborate with UNESCO-awarded Italian chef Marisa Iocco to bring the principles of culinary medicine into clinical application.

Learn how food can be leveraged as an accessible, sustainable therapeutic tool—guided by science and rooted in tradition.



Course Details

Location:

Treat Wellness Academy 560 Harrison Avenue, Suite 302

Boston, MA 02118

Dates:

To Be Determined — Join our waitlist to be notified first.

Enrollment:

Limited to 8 licensed clinicians (MDs, DOs, NDs, and NPs only)

Tuition:

\$8,500 per attendee
Early Pay Discount: \$8,250 (Save \$250 with full

payment at registration)

Deposit:

\$1,000 non-refundable deposit required to

secure your seat

Registration confirmed on a first-come, first-

served basis

Two-Day Premium Immersion Experience

Schedule Overview

Day 1:

Full day clinical training

Evening: Four-course dinner (6:30-8:30 PM), curated by Chef Marisa Iocco

Day 2:

Clinical training (8:30 AM – 1:00 PM, early dismissal for clinician travel)

Meals Included:

1 lunch

1 four-course dinner

Chef-prepared snacks throughout the program

Spouse Dinner Option:

Spouses may attend the dinner for an additional fee.

Recommended Hotel:

AC Hotel by Marriott

225 Albany Street, Boston, MA 02118

(0.5 miles from venue / 3.5 miles from Logan Airport)Exclusive Perks for Attendees

Exclusive Perks for Attendees

- Monthly Mentorship: Ongoing access to "Ask Dr. K" live case discussions and mentorship forums
- **Peptide Credit:** \$1,000 pro bono credit on your first peptide order (one per practice; pharmacy details will be provided)

Ready to Enroll?

Option 1: Deposit + Payment Plan

Pay \$1,000 deposit now

Remaining balance paid in scheduled installments

Option 2: Full Payment

Pay \$8,250 in full at registration

Receive \$250 discount

You will receive registration confirmation and onboarding instructions via email once your deposit is received.

Get Notified of the Next Date

There are no current dates available. Submit your email at **treatwellnessmail@gmail.com** to be notified as soon as the next training session is announced.